



Women are Longing to Be Heroines of Our Own Story

What does it mean to live an epic life?

The Greek word “epic” described long-form poems depicting larger-than-life heroes. In our hearts, women long to tell an epic story of our own lives: A story of love, service, contribution, courage, sacrifice, sensuality, creation, adventure.

More often we tell this story to ourselves—but to no one else. False modesty is bred into us so deeply that we become co-conspirators in our “smallness.”

But we are ready to break the pattern set by the patriarchy for thousands of years. We are eager to shape-shift from the “If Only” mindset that holds us back—And embrace the “Imagine If” field of possibilities that allow us to soar.

And we want answers to these questions:

When did I start playing small even though I was dreaming big?

When did I start believing I wasn’t magical?

When did epic become out of reach?

What is my purpose?

How do I show up as my best self for me, the people I love, and the people who count on me?

How do I recover my power?

What would I do if I wasn’t afraid?

Not only do we need answers, but the future is counting on us to find our truth.

We must step into the epic chapter of our lives to be the ancestors of an age to come—so that future generations can flourish and thrive.